

A Free Clinical Coaching Service

Supporting Patients with Long-Term Health Conditions

Your local NHS is taking part in a Clinical Coaching programme.



Why is this important?

In England, over 15 million people, live with a long-term health condition. These conditions may not be cured but they can be managed.

Our goal is to help support people like this with their health. The extra support can often mean they go to A&E less.

You are getting this leaflet because we think the programme might be able to support you.

The Clinical Coaching

Your Clinical Coach will work with you in one-on-one sessions over the phone for up to 6 months. They will focus on:

- Boosting your knowledge and confidence
- Helping you understand your health condition(s)
- Coordinating with other services
- Improving your condition management
- Finding helpful resources
- Preparing you for appointments

98.6%

of patients who joined said they felt better



How does it work?

You have been selected for the service through our AI and screening process.

Soon, a member of our team will call you. They will explain the service to see if you're interested. It's a friendly chat, so feel free to ask questions.

If you would like to take part, you will be given a coach to work with you. All of our coaches are qualified healthcare professionals.



"It's a pleasure to talk to someone who understands andcares."

-North East London patient



Who is involved?

The programme is a team effort between the NHS and HN.

HN is a company that uses healthcare technology and health coaching. Their methods are scientifically proven to help patients.

It involves your GP and local hospitals. It is led by the North East London Health and Care Partnership.

Your data is always protected

If you would like more information about the Clinical Coaching service or if you do not want to be contacted, please get in touch.



Website - www.hnclinical.com



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Service provided by:



This programme has been approved by the Secretary of State for Health and Social Care, on advice of the Confidentiality Advisory Group